

PHYSICAL EVALUATION FORM

Name _____ Date of **Exam** _____

Date of **Birth** _____ Sport(s) _____

Explain "Yes" answers. Circle questions you don't know the answers to.

Circle One

- | | | |
|---|-----|----|
| 1. Have you had a medical illness or injury since your last checkup or sports physical?
If yes, was any rehabilitation required? | Yes | No |
| 2. Do you have an ongoing or chronic illness? | Yes | No |
| 3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler? | Yes | No |
| 4. Have you ever passed out during or after exercise? | Yes | No |
| 5. Have you ever been dizzy during or after exercise? | Yes | No |
| 6. Have you ever had chest pain during or after exercise? | Yes | No |
| 7. Has any family member or relative died of heart problems or of sudden death before age 50? | Yes | No |
| 8. Has a physician ever denied or restricted your participation in sports for any reason? | Yes | No |
| 9. Have you ever had racing of your heart or skipped heartbeats? | Yes | No |

EXPLAIN "YES" ANSWERS HERE:

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of Athlete _____ Signature of Parent/Guardian _____ Date _____

Reviewed by: _____ MD/DO